

## <u>5th Annual Prospective Physical Activity, Sitting and Sleep Consortium</u> (ProPASS) Conference. Final Program

# International Wearables Consortia: Novel Insights and New Directions.

#### 10-11 October 2023

Online event (Zoom), co-organised with the Charles Perkins Centre, The University of Sydney



\*\*Day 1: Tuesday, 10 October 2023

## Novel insights on physical behaviour and cardiometabolic health from the ProPASS consortium

| AEST   | BST    | Session and speakers*   |
|--------|--------|---|
| 19.00- | 9.00-  |   |
| 19.15  | 9.15   | Open, Welcome and recent developments in ProPASS  |
|        |        | Professor Emmanuel Stamatakis   |
|        |        | The University of Sydney, Australia   |
| 19.15- | 9.15-  |   |
| 20.15  | 10.15  | Session 1: Novel insights on physical behaviour and cardiometabolic health from the<br>ProPASS consortium |
|        |        |   |
|        |        | Chair: Associate Professor Andrew Atkin   |
|        |        | Dr Richard Pulsford   |
|        |        | University of Exeter, UK  |
|        |        | Dr Peter Johansson  |
|        |        | Uppsala University Hospital, Sweden   |
|        |        | Dr Matthew Ahmadi   |
|        |        | The University of Sydney, Australia   |
|        |        | Dr Jo Blodgett     Hair region College Landon LIK   |
|        |        | University College London, UK   |
| 20.15- | 10.15- | Break   |
| 20.30  | 10.30  |   |
| 20.30- | 10.30- | Session 2: Invited talk from the International Society for Physical Activity and Health                   |
| 20.45  | 10.45  | (ISPAH). Opportunities and challenges for a global partnership in physical activity                       |
|        |        | research and policy   |
|        |        |   |



|        |        | Chair: Associate Professor Borja Del Pozo Cruz                         |
|--------|--------|--|
|        |        | Chair. Associate Professor Borja Del Pozo Cruz                         |
|        |        | Associate Professor Karen Milton                                       |
|        |        | ISPAH President; University of East Anglia, UK                         |
| 20.45- | 10.45- |  |
| 22.00  | 12.00  | Session 3: The future: Expansion of ProPASS to LMICs and beyond.       |
|        |        | Chair: Dr Jo Blodgett  |
|        |        | Associate Professor Borja Del Pozo Cruz                                |
|        |        | University of Cádiz, Spain and University of Southern Denmark, Denmark |
|        |        | Introduction of new ProPASS cohorts                                    |
|        |        | Professor Lisa Micklesfield Middle-age Soweto Cohort (MASC)            |
|        |        | University of the Witwatersrand, South Africa                          |
|        |        | Dr Laura Karavirta The AGNES Study. Active Aging Finland               |
|        |        | University of Jyväskylä, Finland                                       |
|        |        | Associate Professor Joanne McVeigh The RAINE Study                     |
|        |        | Curtin University, Australia   |
|        |        | Associate Professor Christina Bjørk Petersen                           |
|        |        | The Danish Health and Morbidity Survey                                 |
|        |        | University of Southern Denmark, Denmark                                |
| 22.00- | 12.00- |  |
| 22.05  | 12.05  | Closing remarks and overview of Day 1, and Outline of Day 2            |
|        |        | Associate Professor Vegar Rangul                                       |
|        |        | Norwegian University of Science and Technology, Norway                 |
|        |        |  |

<sup>\*</sup> All Sessions include Q&A

<sup>\*\*</sup> Speakers and timings are subject to change



### Day 2: Wednesday, 11 October 2023

### New data, and new directions

| AEST            | BST            | Session and speakers*  |
|-----------------|----------------|--|
| 19.00-          | 9.00-          | Opening remarks, Introduction to Day 2: New data and new directions  |
| 19.10           | 9.10           | Professor Mark Hamer   |
|                 |                | University College London, UK  |
| 19.10-          | 9.10-          |  |
| 19.50           | 9.50           | Session 1: Expansion of ProPASS to wrist accelerometry: Harmonising movement data across device placements |
|                 |                | Chair: Professor Lauren Sherar   |
|                 |                | Professor Emmanuel Stamatakis  |
|                 |                | The University of Sydney, Australia  |
|                 |                | Dr Matthew Ahmadi  |
|                 |                | The University of Sydney, Australia  |
| 19.50-<br>20.05 | 9.50-<br>10.05 | Session 2: Invited talk from the International Society for the Measurement of Physical Behaviour (ISMPB)   |
|                 |                | Chair: Professor Andreas Holtermann  |
|                 |                | Professor Alan Donnelly  |
|                 |                | President of ISMPB, University of Limerick, Ireland  |
| 20.05-          | 10.05-         |  |
| 20.35           | 10.35          | Keynote Address: New data and new directions   |
|                 |                | Chair: Dr Richard Pulsford   |
|                 |                | Professor Robert Harle     FitBit/University of Cambridge, UK  |
| 20.35-          | 10.35-         | Break  |
| 20.45           | 10.45          |  |
|                 |                |  |



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|-----------------|-----------------|--|
| 20.45-<br>21.25 | 10.45-<br>11.25 | Session 3: New data and new directions: Commercial wearables in population research and healthcare. The BJSM Editorial Series. |
|                 |                 | Chair: Dr Matthew Ahmadi   |
|                 |                 | Professor Jason Gill   |
|                 |                 | University of Glasgow, UK  |
|                 |                 | Professor Tim Chico  |
|                 |                 | University of Sheffield, UK  |
| 21.25-          | 11.25-          | Session 4. Expert panel discussion and Q + A - The future of wearables research: new   |
| 22.25           | 12.25           | directions   |
|                 |                 | Chair: Professor Emmanual Stamatakis   |
|                 |                 | Professor Sari Stenholm (University of Turku, Finland)   |
|                 |                 | Dr Tessa Strain (University of Edinburgh, UK)  |
|                 |                 | Professor Aiden Doherty (University of Oxford, UK)   |
|                 |                 | Professor Jason Gill (University of Glasgow, UK)   |
|                 |                 | Professor Mark Tully (Cancer Research UK, and Ulster University, UK)   |
|                 |                 | <ul> <li>Professor Stephanie Prince Ware (Public Health Agency of Canada, and<br/>University of Ottawa, Canada)</li> </ul>     |
|                 |                 | Professor Andreas Holtermann (National Research Centre for the Working   |
|                 |                 | Environment, Denmark)  |
| 22.25           | 42.25           |  |
| 22.25-<br>22.30 | 12.25-<br>12.30 | Event Closing: How to get involved with ProPASS  |
| 22.30           | 12.30           | LVCIIL CIOSING. 110W to get involved with Florads  |
|                 |                 | Associate Professor Annemarie Koster   |
|                 |                 | Maastricht University, NL  |

<sup>\*</sup> All Sessions include Q&A

<sup>\*\*</sup> Speakers and timings are subject to change